

FRESH SALADS

ENTRÉE OR HALF

Seasonal Special

STEAKHOUSE* 12.00 | 8.25

Escarole, grilled steak, roasted grape tomato, pickled red onion, gorgonzola, walnut, cucumber, buttermilk horseradish

Cal 603 · Fat 39g · Carbs 19g · Protein 47g · Fiber 7g

FLATIRON* 12.00 | 8.25

Mixed greens, grilled steak, roasted potato, roasted grape tomato, gorgonzola, caramelized onion, balsamic vinaigrette

Cal 643 · Fat 40g · Carbs 31g · Protein 42g · Fiber 4g

SUPERFOOD 9.35 | 6.15

Spinach kale blend, quinoa pilaf, grape, feta, carrot, almond, champagne vinaigrette

Cal 606 · Fat 40g · Carbs 46g · Protein 16g · Fiber 9g

FARMER* 10.25 | 7.85

Mixed greens, roasted chicken, grape, feta, corn, almond, champagne vinaigrette

Cal 730 · Fat 40g · Carbs 39g · Protein 45g · Fiber 6g

THAI COCONUT* 10.00 | 7.75

Mixed greens, roasted chicken, sweet potato, cucumber, grated coconut, peanut mango dressing

Cal 609 · Fat 33g · Carbs 26g · Protein 38g · Fiber 7g

WINTERGREEN 9.25 | 6.15

Spinach, apple, goat cheese, roasted potato, date, walnut, agave herb vinaigrette

Cal 596 · Fat 31g · Carbs 68g · Protein 21g · Fiber 10g

FIESTA* 10.00 | 7.85

Romaine, roasted chicken, roasted corn, black bean salsa, avocado, jack cheese, radish, red pepper basil vinaigrette

Cal 681 · Fat 35g · Carbs 32g · Protein 49g · Fiber 12g

ROMAN* 10.00 | 7.85

Romaine, roasted chicken, bacon bits, crispy kale, roasted grape tomato, herb croutons, cucumber, Grana Padano, house Caesar

Cal 832 · Fat 46g · Carbs 39g · Protein 54g · Fiber 6g

SALAD EXTRAS

ADD ROASTED, ORGANIC CHICKEN*	2.75
ADD GRILLED FLANK STEAK*	5.50
ADD ORGANIC TOFU	1.65
ADD AVOCADO	1.10

SANDWICH EXTRAS

MAKE ON GLUTEN FREE BREAD	1.95
ADD A BAG OF POP CHIPS	1.10
ADD GREENS & BALSAMIC SALAD	1.10
ADD ARUGULA & BLUE CHEESE SALAD	2.20

 GLUTEN-FREE  VEGAN  DAIRY-FREE  VEGETARIAN

*THESE FOODS MAY CONTAIN UNDERCOOKED EGGS, MEAT, SEAFOOD, AND/OR SHELLFISH. CONSUMING UNDERCOOKED EGGS, MEAT, SEAFOOD, AND/OR SHELLFISH MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ACCORDING TO THE HEALTH DEPARTMENT.



modmarket
FARM FRESH EATERIES

HOMEMADE SOUPS

CUP

GREEN CHICKEN CHILI* 4.35

Cal 211 · Fat 4g · Carbs 20g · Pro 21g · Fiber 3g · Sodium 539 mg

CURRY SPLIT PEA 4.35

Cal 187 · Fat 5g · Carbs 27g · Pro 10g · Fiber 11g · Sodium 268 mg

TOMATO BASIL 4.35

Cal 180 · Fat 11g · Carbs 15g · Pro 4g · Fiber 2g · Sodium 292mg

TOASTED SANDWICHES

WHOLE

RED CHICKEN MELT* 8.75

SPICY chipotle pepita chicken salad, aged white cheddar, tomato, mixed greens on ciabatta

Cal 601 · Fat 21g · Carbs 53g · Protein 38g · Fiber 3g

BASIL CHICKEN* 8.75

Roasted chicken, basil aioli, tomato, onion, provolone, arugula on ciabatta

Cal 594 · Fat 18g · Carbs 52g · Protein 40g · Fiber 3g

CHIPOTLE STEAK* 10.75

Grilled steak, **SPICY** chipotle aioli, mixed greens, muenster cheese, tomato on ciabatta

Cal 660 · Fat 26g · Carbs 50g · Protein 52g · Fiber 3g

ARUGULA MOZZ 8.35

Fresh mozzarella, basil aioli, balsamic, arugula, tomato on ciabatta

Cal 590 · Fat 32g · Carbs 50g · Protein 22g · Fiber 3g

NATURAL & ORGANIC BEVERAGES



BOYLAN'S CRAFT SODA 2.95

Ginger Ale, Cola, Diet Cola, Black Cherry, Root Beer

BOXED WATER 2.50

SAN PELLEGRINO 2.95

RESOURCE WATER 1L 3.75

IZZE SPARKLING JUICE 2.50

TRUE ORGANIC JUICE 4.95

ORGANIC ICED TEA 2.25

ALLEGRO HOT TEA 2.25

HAVE A FOOD ALLERGY? TELL US!

IF YOU HAVE A FOOD ALLERGY, PLEASE LET US KNOW SO WE CAN TAKE EXTRA SPECIAL CARE WITH YOUR ORDER. ITEMS MAY CONTAIN WHEAT, SOY OR NUTS.

BREAKFAST SANDWICHES



ROCKET EGG* 7.25

Cage free eggs, basil aioli, arugula, tomato & provolone on ciabatta

Cal 484 · Fat 26g · Carbs 38g · Protein 24g · Fiber 2g

BACON* 6.75

All natural, nitrate free bacon, cage free eggs & provolone on ciabatta

Cal 521 · Fat 29g · Carbs 36g · Protein 29g · Fiber 2g

EGG + CHEESE* 6.15

Cage free eggs & provolone on ciabatta

Cal 419 · Fat 20g · Carbs 36g · Protein 23g · Fiber 2g

CHIPOTLE EGG* 7.65

All natural, nitrate free bacon, chipotle aioli, tomato, cheddar & cage free eggs on ciabatta

Cal 580 · Fat 35g · Carbs 38g · Protein 29g · Fiber 2g

SAUSAGE* 6.75

All natural, nitrate free sausage, cage free eggs & provolone on ciabatta

Cal 522 · Fat 27g · Carbs 39g · Protein 30g · Fiber 2g

SANDWICH EXTRAS

MAKE ON GLUTEN FREE BREAD	1.95
ADD ROASTED POTATOES	2.20
ADD SAUSAGE*	1.50

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SCRAMBLE PLATES



BACON + EGGS* 7.85

2 cage free eggs, all natural, nitrate free bacon, roasted breakfast potatoes, toast

Cal 502 · Fat 31g · Carbs 34g · Protein 23g · Fiber 4g

CHILI + EGGS* 8.35

2 cage free eggs smothered in green chicken chili, roasted breakfast potatoes, toast

Cal 480 · Fat 24g · Carbs 41g · Protein 25g · Fiber 5g

SPINACH BACON SCRAMBLE* 8.25

Cage-free eggs, baby spinach, all natural bacon, aged white cheddar, roasted breakfast potatoes, toast

Cal 616 · Fat 39g · Carbs 37g · Protein 31g · Fiber 5g

MARKET SCRAMBLE* 7.85

Cage-free eggs, broccoli, caramelized onion, aged white cheddar, roasted breakfast potatoes, toast

Cal 558 · Fat 33g · Carbs 41g · Protein 27g · Fiber 6g

EGGS + TOAST* 6.75

2 cage free eggs, roasted breakfast potatoes, toast

Cal 409 · Fat 23g · Carbs 34g · Protein 18g · Fiber 4g

SOUTHWEST TOFU SCRAMBLE◇ 7.80

Organic tofu, roasted corn, black beans, pepperjack cheese, red sauce, avocado, roasted breakfast potatoes, toast

Cal 737 · Fat 41g · Carbs 67g · Protein 30g · Fiber 16g

STEEL CUT OATS & FRUIT



PEANUT BUTTER OATS 5.00

Steel cut oats, all natural peanut butter, banana, brown sugar, golden raisins

Cal 597 · Fat 26g · Carbs 72g · Protein 17g · Fiber 10g

CARAMEL APPLE OATS 5.00

Caramelized apple & pear compote, organic steel cut oats, brown sugar

Cal 250 · Fat 7g · Carbs 45g · Protein 5g · Fiber 5g

FRESH FRUIT SALAD 3.25

Fresh cut fruit, lemon

Cal 111 · Fat 3g · Carbs 21g · Protein 1g · Fiber 3g

NATURAL & ORGANIC BEVERAGES



ALLEGRO ORGANIC COFFEE 1.65 | 1.95

ORANGE JUICE 2.50

TRUE ORGANIC JUICE 4.95

BOYLAN'S CRAFT SODA 2.95

Ginger Ale, Cola, Diet Cola, Black Cherry, Root Beer

BOXED WATER 2.50

SAN PELLEGRINO 2.95

RESOURCE WATER 1L 3.75

IZZE SPARKLING JUICE 2.50

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